



DULUTH AREA CRISIS AND RECOVERY RESOURCES

BEHAVIORAL HEALTH AND EMERGENCY SHELTER



abhi

ARROWHEAD behavioral health initiative

abhimn.org

PHONE. TEXT. EMAIL AND CHAT

All services are 24 hours unless otherwise specified.

Arrowhead Regional Crisis Line

Crisis Phone Line available to all ages.

Free and confidential

- **Phone:** 844-772-4724
- **Chat:** www.firstcall211.net

National Suicide Prevention Lifeline

- **Phone:** 800-273-8255 or 9-8-8
- **Text:** Text "START" to 678678
- **Chat:** www.suicidepreventionlifeline.org/chat

Veterans Help Line

- **Phone:** 800-273-8255 or 9-8-8 and Press 1

Statewide Text Line

- **Text:** Text "MN" to 741741

Minnesota Farm and Rural Helpline

- **Phone:** 833-600-2670
- **Text:** Text "FARMSTRESS" to 898211

IN-PERSON RESPONSE AND RESIDENTIAL CRISIS STABILIZATION

Mobile Crisis In-Person Response

(Duluth and 30-mile radius). Phone Arrowhead Regional Crisis Line or 9-8-8 to access Mobile Crisis Response

- **Phone:** 844-772-4724

Mental Health Crisis Residential

Birch Tree Center, Duluth, MN

(Short-term 2 to 10 day Crisis Residential)

- **Phone:** 218-623-1800

Wellstone Center, Virginia, MN

(Short-term 2 to 10 day Crisis Residential)

- **Phone:** 218-471-4327

New Leaf Healing Center, Cohasset, MN

(Short-term 2 to 10 day Crisis Residential)

- **Phone:** 218-999-0092 **Cell:** 218-910-4855

WITHDRAWAL MANAGEMENT AND OPIOID TREATMENT

CADT Detox/Withdrawal Management Unit

Available 24/7

- Phone: 218-529-3455

Clearpath Opioid Treatment Program (Methadone)

Monday through Friday 5:30am to 1:30pm, Saturday 6:00am to 9:30am

- Phone: 218-336-4663

OBOT (Office Based Opioid Treatment - Suboxone)

- Phone: 218-529-1185

PEER BASED RECOVERY SERVICES

Peer Support Connection Warmline of Minnesota.

Confidential and anonymous one to one peer support from trained Peers, Certified Peer Support Specialists, and Recovery Coaches.

Available 5pm to 9am (7 days a week/365 days a year)

- Phone: 844-739-6369
- For More information including information on the Virtual Peer Support Network available on Zoom go to www.mnwitw.org

RECOVERY ALLIANCE DULUTH (RAD)

Recovery Alliance Duluth connects individuals seeking or experiencing recovery from substance use issues to others who have walked a similar path through peer-to-peer recovery support. Our trained Peer Recovery Specialists provide flexible, voluntary, non-clinical, and confidential services.

- Phone: 218-576-6005
- www.recoveryallianceduluth.org

INDIVIDUALS AT RISK FOR INCARCERATION

Duluth Police CORE Unit

(Monday through Friday, 8:00am–5:00pm)

Community partner focusing on issues that result in frequent police contact or dangerous behaviors. CORE looks for opportunities to divert clients away from the criminal justice system.

- **Email:** CORE@DuluthMN.gov

Duluth Police Substance Use Response Team (SURT)

Monday through Friday, 8:00am–4:30pm

SURT offers Peer Recovery and mobile comprehensive assessments to individuals in St. Louis, Carlton, & Lake counties. SURT is able to assist individuals in accessing recovery supportive services, including transportation to and from appointments. Referrals can be made by email or by calling the main number.

- **Phone:** 218-730-4009
- **Email:** SURT@DuluthMN.gov

STREET OUTREACH AND EMERGENCY SHELTER SERVICES

Outreach services for people experiencing a loss of home or shelter

- **Phone:** 218-260-7573
(Seven days a week, 8:00am–8:00pm)
- **Phone:** 218-390-3580
(Monday through Friday, 8:00am–4:30pm)

Clean and Safe Outreach Specialist

Outreach for unsheltered person in the core downtown area of Duluth.

- **Office:** 218-727-8317 **Mobile:** 218-340-8274
(Monday through Friday, 8:00am–4:30pm)
- **Email:** bbbddwd2000@gmail.com

CHUM

Emergency Shelter, Food and Street Outreach.

- **Address:** 102 West Second Street, Duluth MN 55802
- **Phone:** 218-720-6521 x211
- **Email:** chum@chumduluth.org

Life House

Supportive services for homeless and struggling youth ages 14 to 24.

- **Phone:** 218-722-7431
- **Email:** info@life-house.org